# \*Welcome\*to Viking Club!

December 5, 2023

# \*Today in Advisory:

- \*What's happening at North (gettout your planners or take a pic!)
- \*A few other things you might want to know

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### What's Happening at North





Monday	Tuesday	Wednesday	Thursday	Friday
Winter Hallway Decorating 3:30-8:00  Meet after school in room 206	Viking Clubs! 5	6 B	Movie Night 5:30-7:30 West Commons College/Career Family Night	Saturday School 12/9 from 10-2 B
11	Winter Pep Assembly 12 During Viking Club time Santa Vs. Grinch Day (Red Vs. Green)	Late Start  13 Festive Pajama Day  Final Days of Progre	@6:00 in Library  14 Ugly Sweater Day  ss 2 Grading Period	Grading Day 15 No School Have a fun & safe Winter Break!
B 18	A 19	Late Start B	A 21	volutev Break:
Winter Break - Have Fun! December 15 - January 1 29				
2024 January 1	Welcome Back! 2	3	4	5

# Viking Club FYI:

- \* Today is the last Viking Club of 2023!
- \*You will sign up for new Viking Clubs for semester 2
- Viking Club changes are frozen through the end of semester 1
- \* Next Tuesday head directly to the Main Gym for the WINTER SPIRIT ASSEMBLY

### HOLIDAY FOOD BASKETS

Don't forget to bring your Food or \$\$\$ to your period 4 class by December 13!

Food baskets will be delivered to families on December 14th.

Thanks for helping NSHS Families!

Lunch will be available during Winter Break at the schools listed here.

Week 1:

December 18, 20, 22

Monday, Wednesday, Friday

Week 2:

December 27, 29

Wednesday, Friday

Each pack will contain 2 lunches.

One pack per student



### Youth Resources - Just In Case



<b>The Salem Drop:</b> Crisis support, assistance with basic needs		
(food, shelter, clothing), a place to hang out during the day		
time, homework help, computer lab, and connection to		
community resources		



bit.ly/SalemDrop



St. Vincent de Paul Food Bank: Free food box available to Salem residents Monday - Friday from 10:00 am - 12:00 pm.



3475 Portland Rd. NE # 110 Salem, Oregon 97301 503-364-5672

**Community Action:** Offers emergency shelter, meals, and a safe place to be during the day time.



bit.ly/SalemYouthHelp



Oregon Department of Human Services offers links to mental health resources, lifeline, youth shelters, drug and alcohol help, LGBTQ Support



oregon.gov/odhs



**Salem Public Library** has a variety of crafting, technology activities, and games scheduled during winter break.



Salem Public Library 585 Liberty St. SE Salem, OR 97301



### A Note From Your Counselors:

Mental health resources are available to students and families should you find yourself or anyone in your family experiencing struggles with mental health or suicide ideation.



#### Here is a list of services available:

Marion County Youth and Family Crisis Services: Call: 503-576-4673

**Oregon Youthline:** *Call:* 1-877-968-8491

Text teen2teen: 839863

Email: Tean2Teen@LinesforLife.org

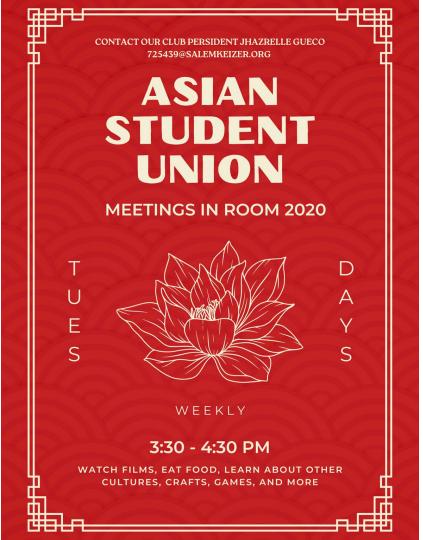
Chat: <a href="https://oregonyouthline.org/">https://oregonyouthline.org/</a>

Psychiatric Crisis Center: 503-585-4949

Suicide/Crisis Hotline: 503-581-5535 OR 1-800-560-5535

National Hopeline Network: 1-800-784-2433





### Join Asian Student Union!

Tuesdays from 3:30 - 4:30 in Chens room, Room 2020

First meeting December 5th



Follow @Ourfutureoregon on Instagram to participate and follow daily events to win up to \$100 dollars!

Join us for 24 days of eco-fun and positive impact. Every day, a new sustainable challenge awaits! 🔊 🖾 Swipe up for a greener holiday season! #EcoAdvent

Q Daily Challenges: From eco-gift ideas to mindful practices, discover simple ways to make a big difference every day. Are you up for the challenge?

\*\*Prizes Await: Grand prizes and weekly surprises! Participate, earn points, and let your eco-friendly choices make you a winner.

It's that simple!



















































# Winter Spirit Week





### Holiday Iconic duo day

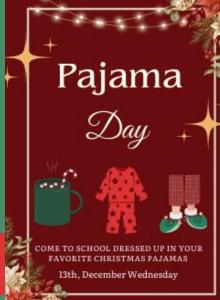
Pair up with someone as iconic Christmas characters





Monday, December 11th





UGLY
SWEATER I

14TH DECEMBER

GET CREATIVE AND DESIGN ONE

LET'S CELEBRATE TOGETHER,

**THURSDAY** 

Next Week!



#### North Salem High School

#### Saturday School Schedule

10:00 AM - 2:00 PM





All grade levels are welcome! Bring your work, or ask your teacher(s) to leave assessments/assignments to complete. All subjects will be supported.



#### North Salem High School

#### Saturday School Schedule

10:00 AM - 2:00 PM





SATURDAY DECEMBER 9, 2023



SATURDAY JANUARY 20, 2024



2024

QUESTIONS? SEE MR. BOOREN ROOM 2045

#### NOTES

NORTH SALEM HIGH SCHOOL LIBRARY ENTER THROUGH THE FRONT DOORS OFF OF 14TH ST. Snack & lunch will be provided

ALL GRADES LEVELS WELCOMED
ALL SUBJECTS WILL HAVE SUPPORT PROVIDED
BRING YOUR WORK OR ASK YOUR TEACHERS TO LEAVE AN ASSESSMENT TO COMPLETE

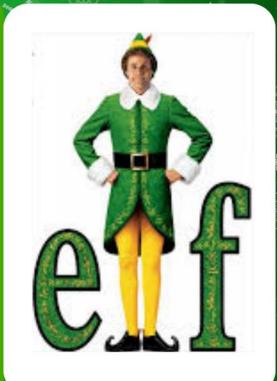
## Movie Night!

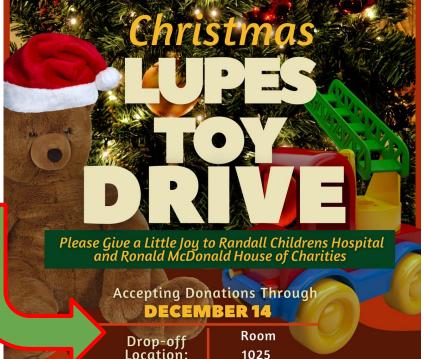
**Showing Elf** 

Movie night will be held in the West Commons. **THURSDAY 12/7** 

It will run from 5:30 to 7:30.

There will be free coloring pages, popcorn, hot chocolate, and cotton candy!





Location:

1025

Thank you for keeping Lupes legacy going as he was always a very caring and giving child. Help his legacy keep on going by spreading smiles to children and their families. Lupe loved making others smile, now its our turn to keep his legacy going. Please help by bringing a New Unwrapped gift for kiddos ages newborn-16 years of age

For more information please email: lupestrongfoundation52@gmail.com IG:lupestrongfoundation Follow for updates



- Board games
- · Dolls
- · Stuffed animasl
- Pajamas
- Cars
- · Action figures
- Puzzles
- · Leggos
- · Playdough.
- · Coloring book /Crayons
- · Craft supplies
- backpack
- Dressup

- · Fidgets toys
- books
- · beanies / scarf
- · Teether's
- · Infant and toddlers toys
- Musical instruments
- Sport equipment
- · makeup kits.

Gift cards





- · Glue sticks or liquid
- Construction paper
- · Pipe cleaners
- · Ribbon, yarn googly eyes
- Puff balls
- Stickers
- · Popsicle sticks
- Finger paint
- Water colors



### **Attention Freshmen!**

### Are you using your planner?

Your daily planner helps you plan important tasks so that you don't have to deal with the anxiety and fear of failing to meet your obligations.

There are pages in the back of the planner for notes and doodling! • \_\_\_\_\_\_\_

I have some super cute stickers for your water bottles, and some sweet treats that I would LOVE to give you!

Bring your planners to me in Room 240 to get yours!







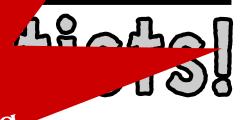








# PRIMA The student who submits the winning



#### North Salem



design will receive \$25 in Dutch Bros

n Contest!

hotography, paint, pencil,

2 inches. (Some ork can be

ived no lace an Thursday, December 14th at 3:45







- your design via email shiffer terra@salkeiz.k12.or.us, deliver to room 240, or turn in to your Viking Club Advisor.
- □NSHS Students will have the opportunity to vote for the winning design.

## Kawagoe Exchange Bottles & Cans Fundraiser

HELP! We need to raise funds for our trip to Kawagoe, Japan!!

Please drop your bottles & cans in any of the classrooms that have a box with this symbol



INTERESTED IN JOINING IB?

# INTERNATIONAL BACCALAUREATE



Ms. Green, the North Salem IB Coordinator will be visiting English 9 & 10 classes over the next few weeks with more information.

Need more info? Email: green\_amy@salkeiz.k12.or.us







Current 9th and 10th grade students interested in IB: Use the QR code or go to https://bit.ly/47FV49F